

Soy Products and Uses

Food

Whole Bean

fresh green soybeans
baked soybeans
bean sprouts
soy coffee
roasted soybeans
soymilk
soysauce
tofu
miso
natto
tempeh
other Asian soyfoods
edamame

Full Fat Flour

bread
candy
doughnut mix
frozen desserts
pancake flour
pie crusts
sweet goods
low-cost gruels
instant milk drinks
crackers

Refined Oil (18%*)

cooking oils
salad oils
mayonnaise
medicinals
pharmaceuticals
sandwich spreads
shortenings
filled milks
coffee whiteners
candy
chocolate coatings
frying oils
frozen desserts
cheese dips
gravy mixes
pastry fillings
icings
whipped toppings

Protein Products (38%*) Soy Flour, Protein Concentrates and Isolates

bakery ingredients
alimentary pastes
beer and ales
noodles
prepared meat products
meat analogs
meat pumping solutions
breakfast cereals
prepared mixes
food drinks
baby foods
hypo-allergenic foods
candy products
sausage casings
yeast cultures
imitation dairy products
flavorings
infant formula
salad condiments

Lecithin (0.5%*)

cooking oils
salad oils
mayonnaise
medicinals
pharmaceuticals
sandwich spreads
shortenings
filled milks
coffee whiteners
candy
chocolate coatings
frying oils
frozen desserts
cheese dips
gravy mixes
pastry fillings
icings
whipped toppings

Sterols (minor*)

pharmaceuticals

Tocopherols (minor*)

vitamin E
antioxidants

Nutraceuticals - Pharmaceutical / Health

isoflavones
saponins
phytic acid
protease inhibitors

Hull Products / Fibre (8%*)

fibre



* percent composition of whole soybean

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www.soy2020.ca